



Camp Survival Packet

2010-2011 Action Camps

4/18-4/22/11 Spring Break Action Camp

6/27-9/2/11 Summer Action Camp

Director: Jill White

Afrim's Sports

636 Albany Shaker Rd.

Albany, NY 12211

Email: camps@afirmsports.com

Phone: 518-438-3131

Fax: 518-438-4422

www.afirmsports.com/camps

CAMP SURVIVAL PACKET

2010-2011

Dear Parents/Guardians,

Thank you for choosing Afrim's Sports Action Camp for your child's summer camp experience! Your child will have an action-packed summer. Our staff here at Afrim's Sports is trained and committed to making your child's summer camp experience an exciting and memorable one! All of our coaches are knowledgeable and experienced in a variety of sports. Our top priority here at Afrim's Sports is to provide campers the opportunity to experience a variety of sports in a positive, fun and safe environment.

Our lunch program includes a rotating schedule of pizza, chicken nuggets, hot dogs, macaroni and cheese and grilled cheese, which is provided to you as part of your camp tuition. Also included are healthy snacks served twice daily like apples, oranges, goldfish crackers, granola bars, carrots, celery, etc.

We encourage you to stop in and see the activities your child will be participating in and even join your child for lunch. Parents are always welcome to stop in and see what their children are raving about!

My staff and I can't wait to meet your child and create lasting summer memories with them. You will receive a pre-camp email the week prior to your child coming to camp with any final information about our program. I have enclosed our Camp Rules and Policies for you to discuss with your child and any other information you may need about our camp.

At the end of your Camp Survival Packet you will find out Camp Registration Packet and Sunscreen Permission Slip. Please return both forms on or before June 1st, 2011 with a \$100 non-refundable deposit. This will guarantee your child's spot in our Summer Action Camp.

Please mail all forms and payment to:

**Afrim's Sports
Attn: Jill White/Camps
636 Albany Shaker Rd.
Albany, NY 12211**

Please feel free to contact me with any questions or concerns you may have. We look forward to seeing you at camp and the many other year-round youth activities we offer here at Afrim Sports.

See you soon,

Jill White

Afrim's Sports Camp Director

CAMP SURVIVAL PACKET

Camp Rules and Policies

Drop-off and Pick-Up:

Normal check-in time is between 8:45am and 9:00am. Early drop-off is between 7:30am and 8:45am. Notification for early drop-off is required by 5:30pm the day prior to the date needed.

Normal pick-up time is between 3:45pm and 4:15pm. Late pick-up is between 4:15pm and 5:30pm. Notification for late pick-up is required by 5:30pm the day prior to the date needed.

Parents will be required to check campers in and out every day of camp. Only pre-arranged parents or guardians will be allowed to pick up campers. **Photo ID is required at the time of pick-up**, each day as the Camp Director will not always be available at time of check-out. **NO EXCEPTIONS!**

Early Drop-off and Late Pick-Up Activities:

Campers being dropped-off early and being picked-up late will usually be in the upstairs Bounce Zone Area. Campers will be allowed to play board games, cards, read, play in the Bounce Zone, watch TV or just relax. Responsible campers may also be allowed to help coaches set up or put away camp materials used during the day if they wish.

Drinks at Camp:

We always have water available for campers throughout the day. They will also get some sort of juice at lunch time every day. Campers will be given a water bottle labeled with their name each week of camp they attend and can refill throughout the day. Recycling is important to us here at Afrim's Sports.

Clothing:

Campers are required to wear socks and sneakers every day. They also need to wear appropriate clothing to play sports. Shorts, t-shirts, warm-ups, etc. are required. You are required to send an extra set of clothing with your campers as well. Campers will also need to wear sunscreen on sunny days. Afrim's Sports Action Camp will provide sunscreen to all campers as long as they have a signed permission slip on file. Signing a permission slip allows our Coaches to apply sunscreen to your child before they participate in any outdoor activity. If the sun is shining we will be going outside.

Personal Items and Money:

Campers **should not** bring personal money to camp. Campers will not be allowed to play air hockey, fuse ball or other video games during camp hours. The concession stand will not be open for campers to purchase snacks or drinks. Drinks, snacks and lunch will be provided as part of the Afrim's Sports Action Camp tuition. Campers who would like to bring their own lunch are permitted to, but campers **will not be allowed to share ANY** food with others because of food allergies.

Campers **should not** bring any electronic games, toys, mp3 players, etc. with them to camp. **If they choose to do so, Afrim's Sports will not be held liable if these items are lost, broken or damaged.**

Reading:

Afrim's Sports feels it is important to encourage reading both as an activity and also as a break from strenuous play. Campers will have two 30 minute snack/reading periods during the morning and afternoon activity periods. Please spend some time with your camper picking out age appropriate and interesting materials for your campers to bring with them. We have a camp library (which we will gladly accept any donations of reading materials and games) for any campers that forget their books.

Birthdays:

Afrim's Sports treats every birthday as a special occasion and we will gladly celebrate them with your child. Birthday snacks are allowed during our afternoon snack time, but only if there is enough for everyone. **You are required** to notify our camp director prior to your child's birthday if you plan on bringing something in due to food allergies.

CAMP SURVIVAL PACKET

Parent Attendance/Involvement:

Parents are always welcome at camp without prior notice! The only thing we ask of parents is that if you are planning to attend during lunch, please let our staff know ahead of time so there is adequate food prepared. There will be a small fee involved.

Parents are also invited to attend events such as our Camp Talent Show on Thursday afternoons and our Awards Ceremony on Friday afternoons. Every camper will get some type of award at the Awards Ceremony. Parents are strongly encouraged, but not required to attend to see their child get their weekly award.

Other Policies:

"You break it, you buy it."

Keep it clean!! Both staff and campers are responsible for cleaning up after themselves.

Discipline:

Afrim's Sports Action Camp has no expectations of having discipline problems with campers. However, in the event that there are any incidents, our procedure is as follows:

1. Acknowledgment by Coach to show awareness/displeasure in activity of camper.
2. Verbal Warning by coach asking camper to stop inappropriate activity.
3. Short time-out. (5 minutes)
4. Longer time-out. (15 minutes)
5. Camp Director conference with camper.
6. Phone call to parent **from camper**.
7. Camp Director/parent/camper conference.
8. Short suspension.
9. Camp suspension. (NO REFUND)

The following offenses may result in a camper calling a parent or guardian to come and pick them up. Parents/caretakers need to be available 24-hours a day. There will be no refund issued in the event that your child is sent home for one of the following disciplinary actions:

- Inappropriate language/vocabulary such as cursing or being sexually explicit
- Demeaning language
- Harassing or hazing other campers
- Physical or verbal fighting
- Taking someone else's personal property without permission
- Leaving the group without permission or proper supervision
- Disobeying camp rules/policies on a continued basis


Less serious offenses will be dealt with on a per incident basis. All campers are encouraged to follow the guidelines listed above. Keys to discipline include patience and respect for all persons involved.

CAMP SURVIVAL PACKET

2010-2011 Action Camp Schedule

Time	Mon	Tues	Weds	Thurs	Fri
7:30	Early Drop-Off	Early Drop-Off	Early Drop-Off	Early Drop-Off	Early Drop-Off
8:45	Check In	Check In	Check In	Check In	Check In
9:00	Meet your Coach	Meet your Coach	Meet your Coach	Meet your Coach	Meet your Coach
9:15	Activity Period 1	Activity Period 1	Activity Period 1	Activity Period 1	Activity Period 1
10:00	Activity Period 2	Tie Dye Tuesday	Activity Period 2	Activity Period 2	Activity Period 2
10:45	Snack/Reading	Snack/Reading	Snack/Reading	Snack/Reading	Snack/Reading
11:15	Movie Monday/ Lunch	Activity Period 3	Activity Period 3	Activity Period 3	Activity Period 3
12:00	Movie Monday/ Lunch	Lunch/Relax	Lunch/Relax	Lunch/Relax	Lunch/Relax
1:00	Movie Monday/ Lunch	Activity Period 4	Activity Period 4	Camp Games	Activity Period 4
1:45	Activity Period 3	Activity Period 5	Activity Period 5	Camp Games	Activity Period 5
2:30	Snack/Reading	Snack/Reading	Snack/Reading	Snack/Reading	Snack/Reading
3:00	Activity Period 4	Activity Period 6	Camp Talent Show	Activity Period 4	Award Ceremony
3:45	Clean-Up/Pick-Up	Clean-Up/Pick-Up	Clean-Up/ Pick-Up	Clean-Up/Pick-Up	Clean-Up/Pick-Up
4:15	Late Pick-Up	Late Pick-Up	Late Pick-Up	Late Pick-Up	Late Pick-Up

CAMP SURVIVAL PACKET
Typical Weekly Lunch Menu
2010-2011

Monday: Grilled Cheese w/chips 

Tuesday: Hot Dog w/Popcorn 

Wednesday: Chicken Nuggets w/French Fries 

Thursday: Bag Lunch from Camp



choice of turkey, ham or pbj, chips, apple and drink

Friday: Pizza from Inferno



****PB&J is offered every day as an alternative****

CAMP SURVIVAL PACKET

****REMINDERS****

Movie Mondays:

Campers will be given the opportunity to watch a kid-friendly movie and relax on the field while they eat lunch each week on Monday. It will be just like having our very own theater here at Afrim's Sports. (Shrek, Madagascar, Toy Story, etc.)

Tie Dye Tuesdays:

Each Tuesday morning new campers will receive their Afrim's Action Camp T-shirt and will tie dye. If your camper has already received their Action Camp T-shirt but would still like to participate when we tie dye, he/she can bring something in from home.

T-shirts, pillow cases and socks work the best for tie dying at camp

All Day-Crazy Theme Wednesdays:

Campers will be reminded early in the week by our camp staff to dress in a particular way. Parents can also reference the camp calendar online at afrimsports.com to prepare their child for this silly day. Please encourage your child to participate in our Wacky Theme Days!

Camp Games Thursdays:

1:45pm Friday Action Camp Games & 3:00pm Award Ceremony:

Camp counselors will be placing the campers on teams and will be engaging in some friendly competition during our Friday Action Camp Games each week. An Awards Ceremony will also take place at the end of the day to recognize all campers and their much appreciated participation in Afrim's Sports Action Camp. Parents are welcome and encouraged to come help us congratulate the campers on their efforts.

P.S. Don't forget your water bottles....We work really hard all day and we get really thirsty. There is always water and other drinks to refill throughout the day for your campers.

P.P.S. SUNSCREEN! We will be going outside if the sun is shining! Afrim's Sports Action Camp will provide sunscreen your child on sunny days will only apply it to them before we head outside with the completed form below. Please fill out the permission slip on the following page and return it to Afrim's Sports Action Camp:



CAMP SURVIVAL PACKET

I, _____, give Afrim's Sports Action Camp counselors permission to apply sunblock, as needed, if I haven't done so prior to the start of camp. I understand that I must provide this sunblock and that Afrim's Sports is not permitted to provide it for me.

Parent/ Guardian Signature

Date



CAMP SURVIVAL PACKET
CAMP REGISTRATION PACKET
(One form per child)

Invoice #:

Child's Full Name _____ Birth Date _____ T-shirt Size _____

Street Address _____ City _____ State _____ Zip _____

Cell Phone _____ Home Phone _____ Work Phone _____

E-mail Address _____ Gender _____ Age at Start of Camp _____

Approx Time Child will be dropped off _____ Approx Time Child will be Picked Up _____

Registration
(Check all that Apply)

_____ Week #1 Inside Out/Backwards Week
June 27 - July 1

_____ Week #2 Super Heroes Week
July 5 - July 8

_____ Week #3 Twin Week
July 11 - July 15

_____ Week #4 Favorite Jersey Week
July 18 - July 22

_____ Week #5 Favorite Athlete Week
July 25 - July 29

_____ Week #6 Beach Week
August 1 - August 5

_____ Week #7 Wacky Hair Week
August 8 - August 12

_____ Week #8 Pajama Week
August 15 - August 19

_____ Week #9 Crazy Socks Week
August 22 - August 26

_____ Week #10 Wacky Hat Week
August 29 - September 2

Payment Info

3 days if Camp
X
\$35/half day or \$45/full day

4 days of Camp
X
\$35/half day or \$45/full day

5 days of Camp
X
\$35/half day or \$45/full day

=

Total Due

\$ _____

Minimum Total Due Today
(\$100 non-refundable deposit)

\$ _____

Call 438-3131 for more information

Payment Options
(Circle One Option)

_____ 1- Pay In Full (Visa, MC, Disc, Check, Cash)

_____ 2- Pay For 1st Week Now \$ _____

(Weekly Payments are due Thursday of the week prior to you attending camp)

V/MC/Disc

Exp. Date (MM/YY) _____

Name on Card _____

I _____ agree to pay the total amount due for _____ to participate in the specified weeks of Afrim's Action Camp 2010- 2011. I understand that certain activities may have an additional cost. I also understand that payment is due in full on the Thursday prior to the week my child is attending camp.

Signature _____ Date _____

How did you originally hear about our Summer Sports Camp?

___ Afrim's Sports email ___ Postcard through the mail ___ Word of mouth
___ Afrim's Sports Birthday Party ___ Other _____

Primary Contact

Parent/Guardian Name: _____
Place of Employment: _____
Home Phone # _____ Work Phone #: _____
Mobile Phone #: _____
E-mail: _____

Secondary Contact

Name: _____
Place of Employment: _____
Home Phone # _____ Work Phone #: _____
Mobile Phone #: _____
E-mail: _____

Emergency Contact

Name: _____
Place of Employment: _____
Home Phone # _____ Work Phone #: _____
Mobile Phone #: _____
E-mail: _____

Pick-Up Policy

For the safety of all of our campers, each person will be required to show a photo I.D. when they pick up their camper. Your cooperation is greatly appreciated as the Camp Director will not always be available to check out campers.

Camper Pick-up Information

In addition to the primary and secondary contacts, I authorize the following people to pick up the above named child:

	Name	Home Phone	Work Phone	Mobile Phone
1-	_____			
2-	_____			
3-	_____			
4-	_____			
5-	_____			

[Type text]

[Type text]

Participation Waiver: Please read carefully and sign below. I understand that Afrim’s Sports assumes no responsibility for injuries or illnesses which my child may sustain as a result if his/her physical condition or resulting from his/her participation in any athletic activities, sports program, the use of any equipment, exercise or other activities. I expressly acknowledge on behalf of myself and my heirs that I assume the risk for any and all injuries and illness which may result from his/her participation in these activities and I hereby release Afrim’s Sports, its agents, servants, and employees from any and all claims of injury, illness, death, loss or damage which he/she may suffer as a result of his/her participation in these activities and I recognize that Afrim’s Sports will make every reasonable effort to minimize exposure to known risks associated with the program. I understand that Afrim’s Sports is not responsible for personal property lost or stolen while members and/or program participants are using the Afrim’s Sports facilities on Afrim’s Sports premises. I give permission to Afrim’s Sports to use, without limitation or obligation, photographs, film footage, my child’s image/voice as well as my own for purpose of promoting or interpreting Afrim’s Sports programs. I acknowledge the Waiver as set forth.

Signature of Parent/Guardian _____ **Date** _____

Illness: In the case that your child becomes ill during the program, you will be contacted as soon as possible. If the parent or guardian is unable to be reached, the child’s emergency contact will be notified. It is the responsibility of the parents or guardians to arrange for the child to be picked up from the facility as soon as possible. In the case that your camper or anyone in the immediate household of the camper develops a reportable communicable disease as defined by the State Board of Health, it is the responsibility of the parent to notify Afrim’s Sports within 24 hours or the next business day in order for Afrim’s to take proper action, except in the case of life threatening diseases which must be reported immediately.

Signature of Parent/Guardian _____ **Date** _____

Emergency Authorization: Please read carefully and sign below. My signature authorizes the management and staff of Afrim’s Sports to act for me according to their best judgment in the event of a medical emergency and/or routine medical care. By my signature I hereby waive, release and hold harmless Afrim’s Sports, it’s management, volunteers, agents, and staff from any and all liability for any injuries, death, or illness sustained and/or incurred while at Camp and/or while using any facilities of, or participating in any of the activities or Afrim’s Sports. I/we grant permission for emergency medical treatment and/or routine medical care by the Afrim’s Sports camp staff, an ambulance, or private physician and/or hospital or emergency health care staff, under the same circumstances as above, if needed. Any such action will be taken in the best interest of my child and will be reported to me/us as soon as possible. My signature waives and/or releases Afrim’s Sports from any and all liability and/or financial responsibility for any medical expenses incurred.

Signature of Parent/Guardian _____ **Date** _____

Waiver of Liability: The signature below signifies acceptance of the following waiver of liability. I acknowledge that Afrim Sports Inc. may compile address labels and lists and may utilize photographs of the named individual. I consent to these uses of my name, address and likeness and hereby waive all rights to compensation for their use in the promotion and/or operation of Afrim Sports Inc.

To induce Afrim Sports Inc. to accept registration and permit participation in Afrim Sports Inc. sports programs, I hereby give my consent and agree to release, indemnify and hold harmless Afrim Sports Inc., its officers, officials, coaches, employees and representatives from any claim arising out of injury to the named individual. I also hold harmless Afrim Sports Inc., its officers, officials, coaches, employees and representatives from and against any claim arising out of injuries or conditions caused by or aggravated by my refusal to obtain available medical treatment based on religious or philosophical beliefs or otherwise.

I understand that as a participant in Afrim Sports Inc. sporting events that I must abide by all rules, regulations and philosophies of Afrim Sports Inc.

Signature of Parent/Guardian _____ **Date** _____

[Type text]

[Type text]

Health Report and Comments on Child's Development

Has your child been diagnosed with the following (Leave Blank if Not Applicable)

- | | | | |
|-------------------------------|-------------------------------------|---|--|
| <input type="checkbox"/> ADD | <input type="checkbox"/> DD | <input type="checkbox"/> Autism | <input type="checkbox"/> Fragile X |
| <input type="checkbox"/> ADHD | <input type="checkbox"/> MR | <input type="checkbox"/> Bipolar Disorder | <input type="checkbox"/> Rett's Syndrome |
| <input type="checkbox"/> ODD | <input type="checkbox"/> PDD | <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Tourette's |
| <input type="checkbox"/> OCD | <input type="checkbox"/> Asberger's | <input type="checkbox"/> Down's Syndrome | |

Check any or all that may apply:

- Chronic/severe Health Condition (Asthma, Diabetes, etc.) Additional forms required.
- Does your child have an Individual Education Program? (IEP)
- Does your child have a Behavior Management Plan?

Please list and describe any allergies, special medical or physical conditions or problems that Afrim's should be aware of, including chronic health problems:

List instructions to be taken in the event of an emergency allergic reaction:

List any special medications for chronic problems and/or restrictions for child's care below:

In emergencies requiring medical attention, your child will be taken to the nearest hospital emergency room. Your signature below authorizes a representative of Afrim's Sports to have your child transported to the hospital.

Medication: Only prescription medication or over the counter medication with permission from child's physician will be administered. Do not send medications with your camper. Medicine must be handed to the Camp Director or Head Coach at check-in by the parent. All medicines must be kept by the staff in the locked cabinet. Children are not permitted to keep medications in their book bags or pockets.

PRESCRIPTION MEDICATIONS SHOULD BE IN THE ORIGINAL CONTAINER AND LABELED WITH THE CHILD'S NAME, INSTRUCTIONS, INCLUDING TIMES AND AMOUNTS FOR THE DOSAGES, WITH AN ORIGINAL PHARMACY LABEL ONLY.

Signature of Parent/Guardian _____ Date _____