

2020 Facility Rules for League Play

(Different Rules May Apply to Tournaments)



****CLEATS ARE ALLOWED (No Soft Grounds) AND SHINGUARDS ARE MANDATORY****

Number of Players on the Field

Ages	Format
U8's	Dual Sided 4v4 (no keeper)
U10's & U12's	6 + keeper
U14+	5 + keeper

Any player who is NOT registered within the Afrim's Sport's registration waiver system accepts full liability for any injuries/accidents that may occur! "Registered" means you have signed the Afrim's Sports Waiver Form.

5 Goal Rule: Whenever a team is leading by 5 goals, the opposing team may add an additional player to make the game more competitive for both teams.

U10 Rules: -No heading will be allowed in any age group from U10 and below.
-No Punting & on any goalkeeper restarts, the opposing team must drop back to the front of the center circle.

Kick Offs: Kickoffs are indirect and may be played forward or backward.

Goalkeepers: -Cannot hold the ball for more than 5 seconds
-Cannot pick up the ball if intentionally played back by own team's feet

Free Kicks: All free kicks are direct and the defending team must be a minimum of **5 yards** away.

Ball Exiting Field of Play: Any ball that exits the playing field over the sideline is a throw in. Ball cannot be thrown directly into the goal on a restart. Any ball that strikes a net, light, ceiling, or beam within the confines of the field is out of play. A direct kick restart will occur nearest to where the ball hit. *Exception: Within the goal box, the ball is placed outside of the box for restart.*

Substitutions: Substitutions are guaranteed for either team on any "out of bounds" ball. On the fly substitutions may be done while the ball is in play. Players entering the field must wait until the player exiting has stepped off the field within 3 yards of the entering player. Violation of this rule could result in a 2 minute penalty (playing a person down). Fouls are not guaranteed substitution since the opposing team may play the ball as soon as they wish.

Offsides: In 7v7 and smaller we do not play offsides. In 8v8 and larger, we will play offsides.

Goal Kicks: In 8v8 and larger, goal kicks can now be played to their teammate while in the penalty area.

Yellow Card: All yellow cards will result in a man down situation for 2 minutes or until the **opposition** scores, whichever comes first. A second yellow card in a game will equal a red card. Four yellow cards in one session (6 or 8-week period) or two yellow cards in one tournament, and the player must sit out the next game.

Two Minute Penalty: A two-minute penalty can be assessed at the discretion of the referee for minor violations regardless of whether a yellow card is given.

Red Card: All red cards will result in **immediate ejection** from the current game. **The player MUST exit the building.** This will result in a **minimum one-week suspension.** If a player plays on multiple rosters, they will be subject to miss all games for a period of one (1) week. On a red card the team will play a man down for 5 minutes, even if goals are scored. A second red card within a six-month period will result in a **minimum 2-week suspension.** A third red card within one year will result in a **minimum 4-week suspension.** Any team that receives 3 or more red cards within one session is not eligible to register for the upcoming session (at a minimum). **NO REFUNDS WILL BE ISSUED DUE TO A SUSPENSION.**

Abusive Language Suspensions: Foul or abusive language clearly heard by a referee or Afrim's staff member, that is directed towards a player, referee or customer, will not be tolerated. Verbal attacks (racial, ethnic or gender related) or threats of any kind will result in an **immediate ejection and suspension of 2 weeks.** **NO REFUNDS WILL BE ISSUED DUE TO A SUSPENSION.**

Fighting Suspensions: All players involved in an altercation on the field will be reviewed. Any person who strikes (i.e. open or closed fist) or blatantly attacks (i.e. kicking, elbowing, headbutting, etc.) another person will be suspended for a **minimum of 8 weeks.** Any player defending him/herself, without striking an opponent, will be reviewed. Those players who instigate an altercation on the field will receive a **minimum 2-week suspension.** **NO REFUNDS WILL BE ISSUED DUE TO A SUSPENSION.**

Other Rules: **NO Slide Tackles...** but sliding is allowed! NO spitting, NO gum chewing and NO ball kicking against any wall. Fist fighting, swearing, and racial remarks will NOT be tolerated. **The referees and front desk staff have the right to suspend anyone from the facility indefinitely at any time for this behavior. Management has the discretion to issue a MORE or LESS severe suspension than listed above.**