



COVID-19 Indoor Rules

- Effective immediately, face masks are required to be worn at all times by all players and coaches while on the premises, including while participating in any practices, game play or clinic activities. No exceptions.
- Individuals need to stay home if they are showing COVID-19 Symptoms or have recently had close contact with a person with COVID-19.
- 1 Spectator permitted per player, strictly enforced.
- All players and parents must check in every game for contact tracing purposes.
- All participants must wear masks to and from fields.
- Players on the bench must wear masks or social distance.
- Coaches, parents and spectators must wear masks at all times and should social distance when possible.
- No throw-ins, kick-ins will be used instead.
- No slide tackling.
- All payments must be made remotely either via phone (518-438-3131) or online through your Dash account.
- No Spitting or Chewing Tobacco.
- There will be 15 minutes between events to avoid crowding.
- Teams should not enter the facility until 5 minutes before your game, allowing previous teams to exit the facility.
- All participants and spectators must exit the field immediately after the event finishes.