



COVID-19 Indoor Rules

- We are following all CDC and NYS guidelines regarding masks. All unvaccinated members still must wear a mask. If vaccinated, we strongly advise you to wear a mask indoors, especially when in a crowded setting.
- Individuals need to stay home if they are showing COVID-19 Symptoms or have recently had close contact with a person with COVID-19.
- 2 spectators permitted per player, strictly enforced.
- No slide tackling.
- All payments must be made remotely either via phone (518-438-3131) or online through your Dash account.
- No Spitting or Chewing Tobacco.
- There will be 15 minutes between events to avoid crowding.
- Teams should not enter the facility until 5 minutes before your game, allowing previous teams to exit the facility.
- All participants and spectators must exit the field immediately after the event finishes.