



# SUMMER CAMP SURVIVAL PACKET

## 2021 Summer Action Camp

June 21<sup>st</sup> – September 10<sup>th</sup>

Summer Action Camp

**Director: Rebecca Roth**

**Afrim's Sports**  
636 Albany Shaker Rd  
Albany, NY 12211  
**Email: [afrimsports@gmail.com](mailto:afrimsports@gmail.com)**  
Phone: 518-438-3131  
[www.afrimsports.com/camps](http://www.afrimsports.com/camps)



Dear Parents/Guardians,

Thank you for choosing Afrim's Sports Action Camp as your child's camp experience. During the school break, your child will have an action packed week. Our staff here at Afrim's Sports is trained and committed to making your child's camp experience an exciting and memorable one! All of our coaches are knowledgeable and experienced in a variety of sports. Our top priority here at Afrim's Sports is to provide campers the opportunity to experience a variety of sports in a positive, fun and safe environment.

Our lunch program includes a rotating schedule of pizza, chicken nuggets, hot dogs, macaroni and cheese and grilled cheese, which is provided to you as part of your camp tuition. Also included are healthy snacks served twice daily like apples, oranges, goldfish crackers, granola bars, carrots, celery, etc.

We encourage you to stop in and see the activities your child will be participating in and even join your child for lunch. Parents are always welcome to stop in and see what their children are raving about!

My staff and I can't wait to meet your child and creating lasting memories with them. You will receive a pre-camp email the week prior to your child coming to camp with any final information about our program. I have enclosed our Camp Rules and Policies for you to discuss with your child and any other information you may need about our camp.

At the end of your Camp Survival Packet you will find our Camp Registration Packet and Sunscreen Permission Slip. Please return both signed documents one week prior to your child attending Summer Break Action Camp. This will guarantee your child's spot in our Summer Break Action Camp.

**Please mail all forms and payment to:  
Afrim's Sports  
Attn: Rebecca Roth/Camps  
969 Watervliet Shaker Rd.  
Colonie, NY 12205**



## Camp Rules and Policies

### Drop-off and Pick-Up:

Normal check-in time is between 8:45am and 9:00am. Early drop-off is between 7:30am and 8:45am. Notification for early drop-off is required by 5:30pm the day prior to the date needed.

Normal pick-up time is between 3:45pm and 4:15pm. Late pick-up is between 4:15pm and 5:30pm. Notification for late pick-up is required by 5:30pm the day prior to the date needed.

Parents will be required to check campers in and out every day of camp. Only pre-arranged parents or guardians will be allowed to pick up campers. **Photo ID is required at the time of pick-up**, each day as the Camp Director will not always be available at time of check-out. **NO EXCEPTIONS!**

### Early Drop-off and Late Pick-Up Activities:

Campers being dropped-off early and being picked-up late will usually be in the upstairs Bounce Zone Area. Campers will be allowed to play board games, cards, read, play in the Bounce Zone, watch TV or just relax. Responsible campers may also be allowed to help coaches set up or put away camp materials used during the day if they wish.

### Drinks at Camp:

We always have water available for campers throughout the day. They will also get some sort of juice at lunch time every day. Campers will be given a water bottle labeled with their name with each camp they register for. (Summer Camp counts as one registration.) They can refill their water bottles throughout the day. Water bottles will be kept at camp for returning campers so they always have one available and will take them home on their last day of camp for the week/summer. Recycling is important to us here at Afrim's Sports.

### Clothing:

Campers are required to wear socks and sneakers every day. They also need to wear appropriate clothing to play sports. Shorts, t-shirts, warm-ups, etc. are required. You are required to send an extra set of clothing with your campers as well. Campers will also need to wear sunscreen on sunny days. Afrim's Sports Action Camp will provide sunscreen to all campers as long as they have a signed permission slip on file. Signing a permission slip allows our Coaches to apply sunscreen to your child before they participate in any outdoor activity. If the sun is shining, we will be going outside.



### **Personal Items and Money:**

Campers **should not** bring personal money to camp. Campers will not be allowed to play air hockey, fuse ball or other video games during camp hours. The concession stand will not be open for campers to purchase snacks or drinks. Drinks, snacks and lunch will be provided as part of the Afrim's Sports Action Camp tuition. Campers who would like to bring their own lunch are permitted to, but campers **will not be allowed to share ANY** food with others because of food allergies. Campers **should not** bring any electronic games, toys, mp3 players, etc. with them to camp. ***If they choose to do so, Afrim's Sports will not be held liable if these items are lost, broken or damaged.***

### **Reading:**

Afrim's Sports feels it is important to encourage reading both as an activity and also as a break from strenuous play. Campers will have two 30 minute snack/reading periods during the morning and afternoon activity periods. Please spend some time with your camper picking out age appropriate and interesting materials for your campers to bring with them. We have a camp library (which we will gladly accept any donations of reading materials and games) for any campers that forget their books.

### **Birthdays:**

Afrim's Sports treats every birthday as a special occasion and we will gladly celebrate them with your child. Birthday snacks are allowed during our afternoon snack time, but only if there is enough for everyone. **You are required** to notify our camp director prior to your child's birthday if you plan on bringing something in due to food allergies.

### **Parent Attendance/Involvement:**

Parents are always welcome at camp without prior notice! The only thing we ask of parents is that if you are planning to attend during lunch, please let our staff know ahead of time so there is adequate food prepared. There will be a small fee involved.

### **Other Policies:**

"You break it, you buy it."

Keep it clean!! Both staff and campers are responsible for cleaning up after themselves.



### **Discipline:**

Afrim's Sports Action Camp has no expectations of having discipline problems with campers. However, in the event that there are any incidents, our procedure is as follows:

1. Acknowledgment by Coach to show awareness/displeasure in activity of camper.
2. Verbal Warning by coach asking camper to stop inappropriate activity.
3. Short time-out. (5 minutes)
4. Longer time-out. (15 minutes)
5. Camp Director conference with camper.
6. Phone call to parent from camper.
7. Camp Director/parent/camper conference.
8. Short suspension.
9. Camp suspension. (NO REFUND)

The following offenses may result in a camper calling a parent or guardian to come and pick them up. Parents/caretakers need to be available 24-hours a day. There will be no refund issued in the event that your child is sent home for one of the following disciplinary actions:

- Inappropriate language/vocabulary such as cursing or being sexually explicit
- Demeaning language
- Harassing or hazing other campers
- Physical or verbal fighting
- Taking someone else's personal property without permission
- Leaving the group without permission or proper supervision
- Disobeying camp rules/policies on a continued basis

Less serious offenses will be dealt with on a per incident basis. All campers are encouraged to follow the guidelines listed above. Keys to discipline include patience and respect for all persons involved.



I, \_\_\_\_\_, give Afrim's Sports Action Camp counselors permission to apply sunblock, as needed, if I haven't done so prior to the start of camp. I understand that I must provide this sunblock and that Afrim's Sports is not permitted to provide it for me.

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**\*Afrim's Sports Staff can apply sunblock that is supplied from home\***

----- OR -----

I, \_\_\_\_\_, give Afrim's Sports Action Camp counselors permission to apply sunblock, as needed, if I haven't done so prior to the start of camp. I understand that if I am unable to provide this sunblock, I agree to allow Afrim's Sports Action Camp counselors to apply the sunblock they have to use on my child.

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**\*Afrim's Sports Staff can apply sunblock that is supplied from Afrim's Sports\***



## Camp Curriculum

### Daily Schedule

#### Monday - Friday:

7:30-8:30	Early Drop Off
8:30-9:00	Check In
9:00-9:15	Meet the Coaches
9:15-9:45	Camp Tour/Rules "Orientation"
9:45-10:15	Activity Period 1
10:15-11:00	Activity Period 2
11:00-11:45	Activity Period 3
11:45-12:00	Half-Day Pick Up
12:00-12:45	Lunch
12:45-2:00	Relax/Movie Time
2:00-2:45	Activity Period 4
2:45-3:15	Snack/Reading
2:45-3:45	Activity Period 5
3:45-4:00	Camp Pick Up
4:00-5:30	Late Pick Up

#### Wednesday:

7:30-8:30	Early Drop Off
8:30-9:00	Check In
9:00-9:15	Meet the Coaches
9:15-9:45	Camp Tour/Rules "Orientation"
9:45-10:15	Activity Period 1
10:15-12:00	Water Day/Outdoor Activities (weather permitting)
11:45-12:00	Half-Day Pick Up
12:00-12:45	Lunch
12:45-2:00	Relax/Movie Time
2:00-2:45	Activity Period 4
2:45-3:15	Snack/Reading
2:45-3:45	Activity Period 5
3:45-4:00	Camp Pick Up
4:00-5:30	Late Pick Up

- Camper orientation will consist of the following items:
  - Camp Policies and Rules by the Camp Director or Head Coach
  - Camp Tour given by a Coach

#### Goals of Afrim's Sports Action Camp:

- Provide quality activities to develop skills in different sports.
- Provide quality activities and mentoring to develop as a person.
- Provide quality counselors to demonstrate good values, provide a safe environment and a positive summer experience.



## **Tour of Camp**

Downstairs:

- Fields 1-4
- Lounge/Lobby
- Office
- Bathrooms
- Field 5

Upstairs:

- Bounce/Party Zone

Hazardous **areas off limits** to all campers include:

- Upstairs Fitness Zone
- Concession/Storage
- Hallway
- Front Office

### **Afrim's Sports Action Camp Activities:**

**Soccer, Kickball, Dodgeball, Volleyball, Wiffleball, Flag-Football, Tag Games, Capture-the-flag, Scavenger hunts, and Arts and crafts**

During each Activity period, campers will choose one activity from Fields 1-4 to participate in.

**[\\*\\*NYS Summer Camps Informational Brochure\\*\\*](#)**