



# SUMMER CAMP SURVIVAL PACKET

## 2023 Summer Action Camp

June 19<sup>th</sup> – September 1<sup>st</sup>

Summer Action Camp

**Afrim's Sports**  
636 Albany Shaker Rd  
Albany, NY 12211  
**Email: [afrimsports@gmail.com](mailto:afrimsports@gmail.com)**  
Phone: 518-438-3131  
[www.afrimsports.com/camps](http://www.afrimsports.com/camps)



Dear Parents/Guardians,

Thank you for choosing Afrim's Sports Action Camp for your child's summer camp experience! Your child will have an action-packed summer. Our staff here at Afrim's Sports is trained and committed to making your child's summer camp experience an exciting and memorable one! Our top priority is fun, and safety.

Included in your registration fee is our lunch program and two snacks. The lunch includes a main option that changes every day such as; pizza, chicken nuggets, hot dogs, tacos, french toast sticks, mac and cheese and more. Everyday lunch secondary options are a bagel w/ cream cheese or butter, PBJ, ham sandwich or turkey sandwich.

Please find our Camp Rules and Policies for you to discuss with your child. Feel free to contact us with any questions or concerns you may have. We look forward to seeing you at camp and the many other year-round youth activities we offer here at Afrim's Sports.

See you soon!

The Afrim's Sports Action Camp Staff

(518)438-3131



## **Camp Rules and Policies**

### **Drop-off and Pick-Up:**

Normal check-in time is between 8:45am and 9:00am. Early drop-off is between 7:30am and 8:45am. Notification for early drop-off is required by 5:30pm the day prior to the date needed.

Normal pick-up time is between 3:45 pm and 4:15pm. Late pick-up is between 4:30 pm and 6:00pm. Notification for late pick-up is required by 5:30pm the day prior to the date needed.

Parents will be required to check campers in and out every day of camp. Only adults listed in the registration forms will be allowed to pick up campers. **Photo ID is required at the time of pick-up** each day the staff will not always be consistent at the front desk.

### **Early Drop-off and Late Pick-Up Activities:**

Campers being dropped-off early and being picked-up late will usually be in the upstairs Bounce Zone Area. Campers will be allowed to play board games, cards, read, play in the Bounce Zone, watch TV or just relax. Responsible campers may also be allowed to help coaches set up or put away camp materials used during the day if they wish.

### **Drinks at Camp:**

We always have water available for campers throughout the day. Campers will be given a water bottle labeled with their name with each camp they register for. (Summer Camp counts as one registration.) They can refill their water bottles throughout the day.

### **Clothing:**

Campers are required to wear **socks** and sneakers every day. They also need to wear appropriate clothing to play sports. Shorts, t-shirts, warm-ups, etc. are required. You are required to send an extra set of clothing with your campers as well, it might not be a bathroom accident but it could also be spilt water that we use the extra pair of clothes for. Campers will also need to wear sunscreen on sunny days. Afrim's Sports Action Camp will provide sunscreen to all campers if they have a signed permission slip on file. Signing a permission slip allows our Coaches to apply sunscreen to your child before they participate in any outdoor activity. If the sun is shining, we will be going outside.



### **Personal Items and Money:**

Campers should not bring personal money to camp. Campers will not be allowed to play camp hours. The concession stand will not be open for campers to purchase snacks or caffeinated drinks. Drinks, snacks, and lunch will be provided as part of the Afrim's Sports Action Camp tuition. Campers who would like to bring their own lunch are permitted to, but campers will not be allowed to share ANY food with others because of food allergies. Campers should not bring any electronic games, toys, mp3 players, etc. with them to camp. *If they choose to do so, Afrim's Sports will not be held liable if these items are lost, broken or damaged.*

### **Other Policies:**

Afrim's Sports is not responsible for any lost, stolen or broken items.

Keep it clean!! Both staff and campers are responsible for cleaning up after themselves.

Kids of all ages enrolled in Afrim's Sports camps are expected to be toilet trained. Afrim's Sports is not equipped with facilities to change diapers or pull-ups. Health code regulations warrant that children need to be independent in the area of toileting.

Children that exhibit verbal or behavioral disrespect toward other children, coaches or Afrim's Sports staff while at camp, will be corrected and may have further consequences to ensure that the child fully understands the wrong in their actions. It is the expectation that children and staff interact with each other in a manner that exhibits care and compassion.

### **Discipline:**

Afrim's Sports Action Camp has no expectations of having discipline problems with campers. However, in the event that there are any incidents, our procedure is as follows:

1. Acknowledgment by Coach to show awareness/displeasure in the activity of campers.
2. Verbal Warning by coach asking camper to stop inappropriate activity.
3. Short time-out. (5 minutes)
4. Longer time-out. (15 minutes)
5. Camp Director conference with camper.
6. Phone call to parent from camper.
7. Camp Director/parent/camper conference.
8. Short suspension.
9. Camp suspension. (NO REFUND)



The following offenses may result in a camper calling a parent or guardian to come and pick them up. Parents/caretakers need to be available 24-hours a day. There will be no refund issued in the event that your child is sent home for one of the following disciplinary actions:

- Inappropriate language/vocabulary such as cursing or being sexually explicit
- Demeaning language
- Harassing or hazing other campers
- Physical or verbal fighting
- Taking someone else's personal property without permission
- Leaving the group without permission or proper supervision
- Disobeying camp rules/policies on a continued basis

Less serious offenses will be dealt with on a per incident basis. All campers are encouraged to follow the guidelines listed above. Keys to discipline include patience and respect for all persons involved.



## **Camp Curriculum**

### **Daily Schedule**

#### **Monday - Friday:**

7:30-8:30	Early Drop Off
8:30-9:00	Check In
9:00-9:05	Meet the Coaches/ Camp Tour/Rules "Orientation"
9:05-9:45	Activity Period 1
9:45-10:30	Activity Period 2
10:30-11:30	Snack
11:00-12:00	Activity Period 3
11:45-12:00	Half-Day Pick Up
12:00-12:30	Lunch
12:30-1:15	Relax/Movie Time
1:15-2:15	Activity Period 4
2:15-2:45	Activity Period 5
2:45-3:00	Snack
3:00-4:00	Camp Pick Up
4:00-5:30	Late Pick Up

Depending on the age group, activities will include, 2 bounce times, 1 arts and crafts project, and at least 2 field times.( 4-5 group will have toy time)

- Camper orientation will consist of the following items:
  - Camp Policies and Rules by the Camp Director or Head Coach
  - Camp Tour given by a Coach

#### **Goals of Afrim's Sports Action Camp:**

- Provide quality activities to develop skills in different sports.
- Provide quality activities and mentoring to develop as a person.
- Provide quality counselors to demonstrate good values, provide a safe environment and a positive summer experience.



## **Tour of Camp**

### Downstairs:

- Fields 1-4
- Lounge/Lobby
- Office
- Bathrooms
- Field 5

### Upstairs:

- Bounce/Party Zone
- Bathroom

Hazardous **areas off limits** to all campers include:

- Upstairs Fitness Zone
- Concession/Storage
- Hallway
- Front Office

### **Afrim's Sports Action Camp Activities:**

Soccer, Kickball, Dodgeball, Tag Games, Capture-the-flag, Scavenger hunts, and Arts and crafts

**[\\*\\*NYS Summer Camps Informational Brochure\\*\\*](#)**