



U8 soccer rules operate on a 5v5 format, featuring a build-out line

Specific technical and gameplay guidelines include:

- **Format & Roster:**
 - Played as 5v5 (including a goalkeeper) with a maximum roster size typically around 10–12 players.
- **Match Duration**
 - Standard league matches consist of two 20-minute halves, though some tournaments or formats may use four 10-minute quarters.
- **Ball Size**
 - Size 3 ball
- **Build-Out Line**
 - Opponents must retreat behind the build-out line on all goal kicks, defensive free kicks in the penalty area, or when the goalkeeper holds the ball.
- **Punting Restrictions**
 - Goalkeepers are strictly prohibited from punting or drop-kicking the ball; they must throw, roll, or pass it out.
- **Offside**
 - Offside offenses only apply when an attacking player crosses the build-out line (offense cannot occur between the midfield line and the build-out line).
- **Substitutions**
 - Unlimited substitutions are permitted at any stoppage with the referee's permission.
- **Referees**
 - Typically a 1-referee system is utilized for U8 games.