

Birth Year and Season Matrix

When determining the age group for a season, the year the season ends should be used for determining the birth year. Also note that the format "U followed by age" really means that age and younger. For example, U8 should be read as 8 and younger. For more age-group information please reference U.S. Soccer's Player Development Initiatives.

Season	22/23	23/24	24/25	25/26
Birth				
Year				
2020				U6
2019			U6	U7
2018		U6	U7	U8
2017	U6	U7	U8	U9
2016	U7	U8	U9	U10
2015	U8	U9	U10	U11
2014	U9	U10	U11	U12
2013	U10	U11	U12	U13
2012	U11	U12	U13	U14
2011	U12	U13	U14	U15
2010	U13	U14	U15	U16
2009	U14	U15	U16	U17
2008	U15	U16	U17	U18
2007	U16	U17	U18	U19
2006	U17	U18	U19	
2005	U18	U19		